



# OM yoga Teacher Training Application

Joining Heaven & Earth 200 hour program at Blue Point Yoga Center



## Application Requirements

Applicants must complete the following 4 items and submit in a sealed package. Incomplete applications will not be considered for acceptance.

- Completed application form.
- 2 current letters of recommendation
  - one from a yoga teacher
  - one from an employer or mentor (non-family)
- A recent photo of you alone (full body shot).
- \$500 deposit. Deposit will be applied toward tuition if accepted and refunded if not accepted (less a \$75 fee for processing). This deposit must be in the form of a check or money order made payable to OM yoga and must be attached to the application.

## Deliver Application To

OM yoga - Teacher Training  
Re: JH&E Application  
826 Broadway, 6th Floor  
New York, NY 10003

## Requirements

Must have a consistent yoga practice of at least two years. Suggested ability to do urdhva dhanurasana, sirasana (without support of the wall), adho mukha vrksasana and pincha mayurasana (both with or without the wall).

## Acceptance Notification

Applicants who have been accepted will be notified via e-mail. If you prefer to be notified by phone, please state so clearly on your application. Accepted applicants must confirm their acceptance immediately via e-mail or telephone. If an accepted applicant fails to confirm by 6 days prior to program start date, his/her space will be offered to another applicant.

## Tuition Payments

Participants must pay their remaining balance in full no later than one week before the program start date. Payment must be made by credit card, check, or money order payable to OM yoga.

## Tuition Refunds

Cancellations received on or before the acceptance notification date will be charged a \$100 processing fee. Cancellations received after the acceptance notification date will be charged a \$250 cancellation fee. Notice of cancellation must be made in writing. No refunds permitted one week prior to program start date.

## Questions?

Contact: Edward Jones - [teachertraining@omyoga.com](mailto:teachertraining@omyoga.com)  
Erinn Cayehal - [erinn@omyoga.com](mailto:erinn@omyoga.com)

## IMPORTANT DATES

July 31, 2011	Early Bird - discounted tuition of \$2,600 (full payment) & application due
September 1, 2011	Application deadline and \$500 deposit due
September 9, 2011	Participant acceptance confirmation & remaining balance due of \$2,700.00
September 16, 2011	Program begins
<b>STUDENT DISCOUNT</b> - for students with valid ID. Tuition of only \$2,300.	



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Please provide the following information and answer questions 1-5 on a neatly **typed** page.

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Mobile phone \_\_\_\_\_ E-mail address \_\_\_\_\_

Fax number \_\_\_\_\_ Date of birth \_\_\_\_\_

1. What is your background and experience with yoga? How many years you have been practicing yoga?  
Please list in detail:

School/Style	Teacher(s)	Number of Years
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

2. What is your educational and professional background outside of yoga?

3. Why do you want to take this OM yoga teacher training?

4. Please describe any special medical concerns you have. Are you currently taking any medication?

5. Where do you currently practice yoga? If so, with whom/which style of yoga?

6. Which OM yoga Teacher Training Immersion did you attend?

7. How did you hear about OM yoga Teacher Training?